Help the Health of Our Community – Learn CPR!

In Partnership with the Lima Ambulance, The Friends of the Lima Public Library are sponsoring a CPR class on October 14, 2023 from 10:00 AM to 12 Noon in the Scutt Room of the Lima Library. The class will be taught by certified CPR instructors from the Lima Volunteer Ambulance.

You may choose to attend the class for free as part of the **Friends and Family Course**. If you want an **America Heart Association CPR card**, the cost of the course is $20. Both classes are offered at the same time however, for the certification the class time is longer.

Friends and Family Course: FREE
Students will learn both adult and infant CPR through lecture and hands-on practice. We will also review some basic first aid including what to do in case of choking. The class will last approximately 2 hours and certificates of completion will be provided.

Heart Saver Course: $20
Students will learn both adult and infant CPR through lecture and hands-on practice. We will also review some basic first aid including what to do in case of choking. The class will last approximately 2 hours and digital CPR cards will be emailed to participants after the class is completed. The cost for a CPR card is $20.

Date: October 14, 2023   **Class Time:** 10 a.m.to 12 noon

Location: Lima Public Library Scutt Room

Pre-Registration Required: This class is limited to 12 people. Pre-registration is required.

If you wish to obtain a CPR card, please send a check for **$20** to Friends of the Lima Library, PO Box 283, Lima, NY 14485 by **October 1, 2023** with the form below. The cost of the session includes all supplies and instruction. This class is sponsored by the Friends of the Lima Public Library and the Lima Ambulance Service.

Registration Form for the CPR Course Workshop – Both classes begin at 10:00 AM

Select One:

_____FRIENDS AND Family: no charge

_____HEART SAVER COURSE: $20.00. Please make the $20 check out to: Friends of the Lima Public Library

Name: _____

Address: _____

Town/ State/ Zip_____

Email: _____

Cell Phone: _____